Keep your workplace safe!

Practice good hygiene

- Stop hand shakes and use non-contact greeting methods
- Clean hands at the door and schedule regular hand washing reminders
- Disinfect surfaces like doorknobs, tables, and desks regularly
- Avoid touching your face and cover your coughs and sneezes
- Increase ventilation by opening windows or adjusting air conditioning

Limit meetings and non-essential travels

- Use video conferencing instead of face-to-face meetings
- When video calls are not possible, hold your meetings in well-ventilated rooms and spaces
- Suspend all non-essential travels and trips

Take care of your emotional and mental well-being

Outbreaks are a stressful and anxious time for everyone.

Stay home if...

- You are feeling sick
- You have a sick family member at home