

# **Health & Adult Social Care Local Account 2018**



**Working in partnership to deliver good health  
and wellbeing outcomes for local people**

**A review of progress since the  
Direction of Travel 2016-2020 was agreed**

**Large Print Version**

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## Foreword



**Clare Moonan**

**Lead member  
Adult Social  
Care**



**Karen Barford**

**Lead member  
Health &  
Wellbeing**



**Rob Persey**

**Executive  
Director Health  
& Adult Social  
Care**

**Since the last local account we have seen a number of changes in our leadership. Councillor Karen Barford, lead member for Adult Social Care has now moved on to become both Chair of the Health and Wellbeing Board and Lead Member for Public Health, and we welcome Councillor Clare Moonan as lead member for Adult Social Care.**

We would collectively like to thank the many staff within the directorate for their effort and commitment. We recognise the importance and value of people's role in promoting the health and wellbeing of our whole population and supporting vulnerable adults

in the city to maximise their independence and make choices in the services they receive.

Delivering good health and social care is truly a team effort. We couldn't achieve all that we do without working in partnership. Acknowledgement especially goes across the council to colleagues in Families Children & Learning, Neighbourhoods Community & Housing and Economy Environment & Culture.

Equally our appreciation and thanks goes to the many providers in Brighton & Hove - from care home or homecare, through to small voluntary and community sector organisations, and all of those people who provide informal care and support to their loved ones, often without the recognition they deserve.

Last year we predicted an exceptionally challenging year ahead and so it turned out! On top of increasing demand across all our service areas and the difficult financial environment in which public services continue to deliver (both of which we could predict) we had a long and cold winter that put additional pressure on our NHS colleagues with whom we work in ever-closer collaboration.

National media continues to focus on both the relationship with, and the impact of, adult social care upon the NHS. I am pleased to say that whilst our approach to closer integration in Brighton & Hove continues to evolve, there is some really good joint working

on the ground supporting timely discharge from hospital. A priority for the year ahead will be embedding this good practice and working to support people in their own homes and wherever possible avoid admissions into hospital.

This year we wanted to make the local account more focused on action. The '**we have, we will, you can**' structure is designed to show you that we've done what we said we would do, outline what we're planning to do next and provide a focus for everyone to think about the actions we can take individually and collectively to best support the health, wellbeing and care needs of our communities.

## In Brighton & Hove there are...

**285,300** Residents

**23,967** people informally caring for someone (9% of the population)

**18,226** 18 to 64 year olds predicted to have a moderate or serious physical disability

**32,025** 18 to 64 year olds predicted to have a common mental health disorder

**4,934** 18 to 64 year olds predicted to have a learning disability

In 2017-18

**4,631** people received a long-term adult social care service

721 in nursing homes

847 in residential care

2,793 receive a range of community support options

**1,306** people received short-term intensive support

**30,274** items of daily living equipment were issued

**4,726** care assessment or reviews took place

2,327 carers assessments

868 safeguarding concerns (including mental health)

489 mental capacity assessments

## The city's population is changing

There is expected to be an 8% increase in the population in Brighton & Hove by 2030 (since 2017).

Life expectancy has increased, but healthy life expectancy is falling.

People are living longer in ill health, resulting in higher health and care costs

### Between 2014 and 2016:

- Life expectancy was 80 years for males and 83 for females.
- Healthy life expectancy was just 62 years for all

### The number of older people is increasing

The greatest projected increase is in the 60-74 age group (33%) and the 75+ age group (30%).

### The number of older people with dementia is increasing

1,811 people are registered as living with dementia, and there could be 1,000 more undiagnosed.

### A relatively large proportion of older people live alone and are potentially isolated

41% of people aged 65+ live alone (2011 census).

## **The needs of people are increasingly complex**

In line with national trends, the prevalence of multiple long-term conditions has been increasing in recent years, due to the ageing population and increased survival.

24% of adults aged 20 or over have more than one long-term physical or mental health condition and there is a link with deprivation.

A significant number of people struggle with substance misuse – alongside mental health, family breakdown and housing issues – and require support from multi agencies.

## **Wider social factors and unhealthy behaviours influence our health**

These lead to long-term conditions, poor health outcomes, greater inequalities and higher health and social care costs.

## At Brighton & Hove City Council

Adult social care staff work alongside public health colleagues and partners from the NHS and community & voluntary sector to support adults with care and support needs to be as safe and independent as possible.

This report highlights some of the key areas of our work and shows the progress against commitments we made in the last local account.

## Flexible integrated care & support

Working together with key partners to provide a range of care and support to meet people's needs

### We have:

- **Increased support delivered by St. Mungo's** to move rough sleepers off the street and funded short term accommodation options through a successful bid for funding from the Ministry of Housing, Communities & Local Government
- **Re-commissioned 24 hour supported accommodation services for 16-25 year olds with complex needs**, helping 122 young people manage their wellbeing, skills and confidence to live independently
- **Re-commissioned the Housing Advice and Family Mediation service** to help prevent homelessness in 14-25 year olds through rebuilding family relationships or supporting them into accommodation
- **Commissioned a new supported living service** to meet the needs of people with learning disabilities and behaviours that challenge
- Supported people to move from specialist hospital placements back in to the community **with services that meet their needs.**

- **Supported people with learning disabilities to live in the most appropriate accommodation** within their communities
- **Commissioned a new Advice & Guidance Service for people using Direct Payments** or those thinking of using them
- **Provided training to increase staff knowledge and confidence** in offering Direct Payments to new and existing clients at every opportunity
- **Opened Brooke Mead Extra Care housing facility** which provides 24 hour on-site care and support for older people and those living with dementia
- **Worked in collaboration with the University of Brighton (and health partners) to set up a ‘Living Lab’ at Leach Court sheltered housing facility.** The residents’ experience is used to test and improve digital health technology solutions and explore the impact on their lives and the healthcare costs  
[www.hibrightongroup.com/blank-4](http://www.hibrightongroup.com/blank-4)



## We will:

- Commission an advocacy hub that integrates existing services from across Brighton & Hove, and East & West Sussex to make it easier for people to find the support they need.
- Develop local support for people with physical disabilities or acquired brain injury in partnership with the CCG (Clinical Commissioning Group).
- Establish a joint strategy for children and adults with Autism in partnership with Families, Children & Learning services and the CCG.
- Develop accommodation options for young people with a learning disability transitioning into adulthood.
- Continue to offer Direct Payments to increase choice and control for service users.
- Further develop service provision to meet changes in demand and complexity of need.

## What is advocacy?

People who feel excluded from mainstream services are entitled to an advocate to help them say what they want, secure their rights, represent their interests and obtain services they need. Advocacy helps to promote social inclusion, equality and social justice.

## You Can:

- Find out about planning for the cost of your care at [www.brighton-hove.gov.uk/paying-for-care](http://www.brighton-hove.gov.uk/paying-for-care)
- Manage your own care, and have greater independence, choice and control over services you receive through Direct Payments [www.brighton-hove.gov.uk/direct-payments](http://www.brighton-hove.gov.uk/direct-payments)
- Share your experiences to help us plan service improvements, email [customerfeedback@brighton-hove.gov.uk](mailto:customerfeedback@brighton-hove.gov.uk)
- Find out how best to help people living rough on the street at [www.brighton-hove.gov.uk/help-rough-sleepers](http://www.brighton-hove.gov.uk/help-rough-sleepers)

## Information & advice

Providing advice and information to ensure people are aware of their options, so they can get the right help at the right time.

### We have:

- Improved social care information services to make it easier for people to find what they need. We continually develop online signposting and referral processes using feedback from customers and providers
- Helped partner organisations to better understand what we do, where to go for information and how to contact us if someone needs support
- Launched the Safe + Well online self- assessment tool to provide equipment for people who choose to buy it themselves.  
[www.safeandwell.co.uk/brighton-hove](http://www.safeandwell.co.uk/brighton-hove)
- Piloted drop-in sessions at Whitehawk Library to inform future ways of providing information & advice in different areas of the city
- Worked with community & voluntary sector organisations to run information & advice stalls at a range of events

## We will:

- Continue to develop online information services while also exploring alternative options to best meet the changing needs of people in the city.
- Make our information more accessible for people with a learning disability with support from Speak Out.
- Help people understand funding arrangements for care and support and plan for the future by producing a new paying for care leaflet and simple online calculator.
- Support people to connect with activities in their community by accessing Impetus 'Community Navigation Plus' social prescribing service.
- Make it easier for people who pay for their own care to search for and organise support. This includes working with care homes, home care providers and other support services in the city.

**71%** of service users easily find information about support  
(2017/18 User Survey)

### Helping Sylvie to get online

4.8 million people over 55 are not online. Digital Brighton & Hove help provide internet skills courses, gadget drop-ins and individual support.

Sylvie used to attend local knitting sessions until health prevented her from walking up the hill - then she discovered she could learn to knit through online videos.

Digital Champion Josie, is helping Sylvie to learn how to search YouTube on her iPad, as well as making video calls and sending emails to her grandchildren.

“My granddaughter replied to the email I sent that she enjoyed the smiley faces I included. She replied we got your email, well done!”



**Sylvie and Josie in a seniors housingscheme in Hollingdean**

### You Can:

- Ask at your local library for help to access the internet and for information about local events
- Get support to develop your basic digital skills, and find out where you can get online for free at **[digitalbrightonandhove.org.uk](http://digitalbrightonandhove.org.uk)**
- Search for local care and support services using **[www.mylifebh.org.uk](http://www.mylifebh.org.uk)**
- Go to **[www.carershush.co.uk](http://www.carershush.co.uk)** or call **01273 977000** (Monday to Friday, 9am - 5pm)
- Get support to improve your health & wellbeing at **[www.brighton-hove.gov.uk/healthylifestyles](http://www.brighton-hove.gov.uk/healthylifestyles)** or call **01273 294589**
- Find out more about the social care services we

provide at **www.brighton-hove.gov.uk/ social-care**

- Contact Access Point for the full range of care options available on **01273 295555** or email **AccessPoint@brighton-hove.gov.uk.**
- Access the Community Navigation Plus social prescribing service at **www.bh-impetus.org** or call **01273 229 382**

## Living well and staying healthy

Helping people to be as healthy as possible, and managing the impact of long term health conditions



Top: Dance Active  
Right: What's Out There?

### We have:

- Supported more than 4,300 local residents to improve their health and wellbeing by taking part in activities delivered by our Healthy Lifestyles Team.
- Commissioned Bee Zee Bodies, a healthy weight service, who are delivering a new approach to helping people maintain a healthy weight.
- Helped vulnerable people to warm their homes and afford fuel bills by providing money advice, hardship grants and home energy visits

- Continued to develop specialist mental health support to 506 people in 2017/18, in partnership with local charity Grassroots **www.prevent-suicide.org.uk**
- Supported GP practices to deliver more than 7,800 NHS Health Checks, with a particular focus of reaching men, local workplaces and people living in more deprived areas

**We will:**

- Contribute to the Food Strategy ‘Spade to Spoon – Digging Deeper’ Action Plan which is working to help address inequalities in healthy food availability, healthy weight, and food poverty across the city.
- Promote positive mental health and suicide prevention training through jointly re-commissioning services with the CCG.
- Increase uptake of flu vaccination for adults with long-term health conditions, people living in care homes, carers, people with Body Mass Index of over 40 and everyone aged 65 and over.
- Review our local action plan to achieve a 10% reduction in suicides in the city by 2020/21
- Improve access to sexual health services by offering online testing for infections.
- Promote uptake of shingles and pneumococcal vaccinations to protect against pneumonia, septicaemia and meningitis
- Improve care and outcomes for people experiencing mental health crisis through closer working between mental health crisis and drug and alcohol services.



### **Terry Standing, Operations Manager City Clean had a health check in 2018**

“As I am a man in my fifties, it was good to check my blood sugar levels, blood pressure and get reassurance that I was in reasonable health for my age and weight.

“I found the experience very good. There were a lot of clear questions with a lot of advice and guidance from an experienced nurse with good medical knowledge. I also received some further information and advice on future life style changes. I would recommend it to my colleagues.”

### **You Can:**

- Get support to make changes to get active, eat better, stop smoking, reduce alcohol intake and improve your wellbeing through our Healthy Lifestyles Team at [www.brighton-hove.gov.uk/healthylifestyle](http://www.brighton-hove.gov.uk/healthylifestyle) or call 01273 294589
- Find out how to access cancer screening programmes at [www.brightonandhoveccg.nhs.uk/your-health/screening](http://www.brightonandhoveccg.nhs.uk/your-health/screening)
- See if you are eligible for a free NHS Health check (to spot the early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia) at

**[www.brighton-hove.gov.uk/healthchecks](http://www.brighton-hove.gov.uk/healthchecks)**

- Recognise symptoms of flu and check if you are eligible for a free vaccine at **[www.nhs.uk/flu](http://www.nhs.uk/flu)**
- Talk to someone about health and wellbeing advice and support at your local Healthy Living Pharmacy
- Find out more about the social care services we provide at **[www.brighton-hove.gov.uk/ social-care](http://www.brighton-hove.gov.uk/social-care)**
- Get advice and support for your mental health and wellbeing at **[www.mindcharity.co.uk](http://www.mindcharity.co.uk)** or call **01273 666950**
- Find out how to access mental health support in a crisis at **[www.sussexpartnership.nhs.uk](http://www.sussexpartnership.nhs.uk)**

## Staying Active and Connected

Supporting people to access their communities, reduce social isolation and maintain an active life.

### “What’s Out There?” Event



Ben was the compere on the day. He has a mild learning disability and often has paid work as a compere or front of house.

“There were so many services that I couldn’t pick out just one! Lots of activities too, but I was concentrating on doing my job and making sure everything was going well. I just love what I do, I love compering and giving out information. The day was amazing, great, and fantastic.”

**45%** of service users reported they had as much social contact as they would like (2017/18 User Survey)

#### We have:

- Delivered ‘What’s Out There?’ in collaboration with the Learning Disabilities’ Partnership Board (lead by Speak Out with AMAZE and the Carers Centre). The event showcases information, support, services and activities available for people with learning disabilities and autism

- Worked with 70 local community sport, dance and exercise providers on 'TAKEPART Festival of Sport & Physical Activity', to showcase activities in the city for all ages and abilities to over 6,000 people
- Funded the two-week Older People's Festival to promote and celebrate healthy and active ageing – including 'Active Forever', a full day event promoting the benefits of leading healthy lifestyles as we age
- Provided a weekly programme of 48 free or low cost Active for Life sessions and volunteer led Healthwalks, supporting people to lead more active lifestyles
- Worked with Mind to promote positive mental health through the Five Ways to Wellbeing
- Launched a single contact point to improve access to information about befriending services. Befriending Brighton & Hove is made up of Impetus, Impact Initiatives, and Time to Talk Befriending, and is funded by the CCG
- Given older people a greater say in shaping Brighton & Hove as an Age Friendly City by hosting an event supported by the local Age Friendly Forum, the Centre for Ageing Better and Age UK Brighton & Hove.

## We will:

- Commission an integrated Ageing Well service for older people
- Provide twice yearly age friendly engagement events with opportunities for older people and decision makers to work together to make Brighton & Hove more age friendly.
- Continue to deliver opportunities for people to take part in activities and find out about support to ensure people can get involved in their communities.

### Ageing Well Service for 50+

The service will offer information and advice, befriending, group and one to one activities, volunteering opportunities and health promotion. It will provide transport solutions to enable greater access and be open to anyone aged 50 years and over, but targeted at those older people identified as being most at risk of a decline in their independence and wellbeing.



The service will help to:

- Reduce social isolation and loneliness
- Promote good health and wellbeing
- Enable older people to remain independent for as long as possible

**You Can:**

- Search for local support groups, activities and day centres at [www.mylifebh.org.uk](http://www.mylifebh.org.uk)
- Find Active for Life sessions, Healthwalks and other support to help you get active at [www.brighton-hove.gov.uk/activecity](http://www.brighton-hove.gov.uk/activecity)
- If you receive benefits, you might be able to apply for a leisure card to get discounts at some local leisure centres [www.brighton-hove.gov.uk/leisure-card](http://www.brighton-hove.gov.uk/leisure-card)
- Get in touch with the Befriending Contact Point on **01273 229005**

## Feeling safe and in control

Working with providers to ensure local people receive good quality, safe services, and feel in control

### We have:

- **Recruited a falls prevention coordinator** who has trained staff from a range of organisations so they can support and advise residents, and supported eight exercise instructors to incorporate Otago strength and balance into their classes for older people
- **Worked in partnership to deliver the Safeguarding Adults Conference**, with workshops on self-neglect, modern slavery, personality disorder, safeguarding and consent
- **Jointly funded a Lead Pharmacist with the CCG** to support safe and effective medicine management in local services and the community
- **Produced the ‘Stop, Look, Care’ booklet with local health partners** to support professionals to recognise deterioration in a person’s wellbeing and refer on where appropriate



- **Provided Clinical Skills Workshops for care workers and carers** in partnership with the CCG and Sussex Community NHS Foundation Trust. Sessions included: The Deteriorating Patient; Falls Prevention; Diabetes & Podiatry; Oral Hygiene, Dysphagia, Nutrition & Respiratory Conditions; Tissue Viability, Frailty and Keeping Mobile
- **Supported a Dementia Friendly city** by promoting the dementia friendly kite mark to local providers and running dementia information sessions for staff
- **Improved the way people with learning disabilities can get advice and support to understand and report hate crime** through the Learning Disabilities Partnership Board
- **Worked with Speak Out to improve awareness of the Thumbs Up Scheme** including training with Sussex Police, Brighton Open Air Theatre and occupational therapists
- **Carried out health & safety audits and fire risk assessments** for adult provider services we commission.

### Falls prevention



The most common thing people worry about in relation to safety is falling (2017/8 User Experience Survey)

"I had a fall in September 2017 and broke the neck of my left femur, and was in hospital for five weeks, which greatly affected my confidence. The Standing Tall exercise class has given me back my confidence, and has greatly improved my stamina and stability.

I look forward to seeing my friends in the group every week because we're all in the same boat!"

**87%** of service users say our services made them feel safe and secure (2017/8 User Experience Survey)

### We will:

- **Continue to represent adult social care services on the Local Safeguarding Adults Board**
- **Ensure good quality care is provided by all services** and action is taken when quality is not reaching acceptable standards through our Care Governance Framework
- **Continue to work with health partners to provide clinical skills workshops** and promote 'Stop, Look, Care'.

### Local Safeguarding Adults Board (LSAB)

[www.brightonandhovelscb.org.uk](http://www.brightonandhovelscb.org.uk)

An independently chaired partnership including police, adult social care, health trusts, independent and voluntary sector organisations. The board works together using multi-agency procedures, training and audits to ensure people with care and support needs are kept safe.

**Over 90%** of regulated services in Brighton & Hove are rated good or outstanding (Care Quality Commission)

## You Can:

- For further information about reducing your risk of a fall go to [www.brighton-hove.gov.uk/ageing-well](http://www.brighton-hove.gov.uk/ageing-well)
- Find out about the Thumbs Up scheme and card at [www.bhspeakout.org.uk](http://www.bhspeakout.org.uk) or call **01273 421921**
- Get help and support if you or someone you know is at risk or experiencing abuse or neglect go to [www.brighton-hove.gov.uk/feeling-safe](http://www.brighton-hove.gov.uk/feeling-safe)
- In an emergency call **999** or the Typetalk Emergency Line on **18000** (for deaf or speech impaired people)
- Report a crime (non-emergency) at [www.sussex.police.uk](http://www.sussex.police.uk), call **101** or textphone on **18001 101**
- Report anti-social behaviour and hate crime at [www.safeinthecity.info](http://www.safeinthecity.info) or call **01273 292735** (Monday to Friday, 9am – 5pm)

## Workforce

Ensuring staff are well supported and equipped to deliver good outcomes for people

### We have:

- **Launched ‘Our People Promise’** a series of five commitments developed through feedback from the 2017 staff survey to ensure that staff feel valued and supported.
- **Supported 20 adult social care staff to improve their long-term career prospects** through the council’s apprenticeship scheme
- **Sponsored seven care managers to start post graduate social work training**
- **Developed social work apprenticeships** with the national trailblazer group
- **Employed a social work professional educator** to support newly qualified social workers
- **Introduced the employee volunteering scheme** allowing every employee up to 15 hours paid leave per year to take part in volunteering activities
- **Improved support for staff during and after sickness** including more ‘return to work’ interviews and offering immediate access to medical advice through a new absence management system
- **Improved the recruitment process for newly qualified social workers**
- **Provided an extensive workforce development programme** delivering 6,000 training places to staff in the council and partner organisations
- **Recruited a workplace health development specialist** to lead on workplace wellbeing within the council, schools, and other sectors across the city

- **Introduced a nationally recognised ‘Behaviours Framework’ to ensure social workers are performing to the highest standards by demonstrating their capability through observation and service user feedback**

**Philippa West**, studying for a Level 3 Lead Adult Care Worker qualification through the council’s staff apprenticeship scheme



“I’m enjoying the formal study and new learning, and the qualification will be really good for my future prospects.

Understanding the theories behind what we do on a day- to-day operational level has been really helpful. I’ve found the extra context is helping me cement more information into my brain.

“One of the study units is around working with people who have substance misuse problems. It’s a new area for me and what I’m learning now is likely to be very useful for me in the future.”

### We will:

- **Work with regional partners to deliver the refreshed ADASS (Association of Directors of Adult Social**

**Services) Workforce Strategy** to collaboratively improve training, recruitment, retention and other workforce issues

- **Continue to encourage more staff apprenticeships** to maximise use of our Apprenticeship Levy and reach apprenticeship start targets.
- **Develop a health at work action plan Developed social work apprenticeships** based on results of the Well Workforce Survey
- **Continue to support the health and wellbeing of staff** through health related workshops and training
- **Invest in a social care workforce development programme** which responds to the needs of communities and our organisation

### Innovative behaviours framework



Professional Education Consultant Anna Bouch is now working across Health and Adult Social Care and the South Coast Regional Centre for Social Work. Anna led on the ‘Behaviours Framework’ project which is now recognised nationally for being both innovative and forward thinking.

### You Can:

- Find out about careers in adult social care at [www.brighton-hove.gov.uk/jobs](http://www.brighton-hove.gov.uk/jobs)
- Build your skills and experience through our apprenticeships scheme [www.brighton-hove.gov.uk/apprenticeships](http://www.brighton-hove.gov.uk/apprenticeships)
- Look for courses and development opportunities open to the social care sector at [learning.brighton-hove.gov.uk/cpd/portal.asp](http://learning.brighton-hove.gov.uk/cpd/portal.asp)
- Explore volunteering opportunities across the city at [www.brighton-hove.gov.uk/volunteer](http://www.brighton-hove.gov.uk/volunteer)

**Marnie Naylor**, Adult Social Care Quality Monitoring Lead  
volunteers for Saltdean Lido



“Growing up using the lido with family and friends I decided I wanted to offer my time to help support events and continued fundraising for the lido building.

“My roles have included pulling pints at musical events, delivering hundreds of fundraising campaign newsletters, selling merchandise and refreshments at the doggy swimming event and any other general support.

“I have met some incredible people from all walks of life that are both inspiring and motivating with their enthusiasm to support a local gem.”

## Carers

Supporting carers so they can continue to play a hugely important role in our communities

### We have:

- **Launched the Carers Hub** which provides a range of carers' services, including assessment options and online self-referral. Staff can provide information and support directly, or refer on to a Carers Assessment Worker



“I have had great support from the Carers Hub allowing me to have some respite. I have joined a carers coffee morning once a month and I have joined a weekly walking group with other carers” (ASC Carers Survey 2018)

- **Raised carer awareness in local GP practices through drop-in sessions and the development of simple electronic referral to the Carers Hub** helping them to become more carer friendly through a nationally recognised self-assessment process
- **Supported employers to ‘think carer’** through provision of bespoke training and development of carer policies
- **Launched a Carers Employment Passport** as a pilot in the council to enable unpaid carers to identify support needs at

work. Once evaluated we will encourage other employers to adopt it

## **1 in 10 people in the workforce are in an unpaid caring role**

- **Developed new offers and opportunities through the Carers Card**, including discounts on Brighton & Hove Buses
- **Introduced a number of lead ‘at risk’ carer roles**, to work with carers who are particularly at risk, including specialist roles providing mental health support
- **Provided Carers Digital Workshops** to improve carers’ digital skills and provide access to the local carers digital offer
- **Supported the Young Carers Project to develop a film** to raise awareness of young carers in schools and other settings
- **Supported local schools with a dedicated Young Carers Schools Worker** to increase awareness of young carers and the impact caring can have on education
- **Helped local young carers to become part of the national Young Carer Champions Programme** to support the NHS to become more ‘Young Carer Friendly’
- **Developed new services and opportunities for carers of people with mental health needs** in partnership with the CCG, including Nature Connection Days and dedicated training workshops (provided by Grow and Changes Ahead).

**There are nearly 24,000 unpaid carers in the city. Carers UK estimate the economic value of their contribution to be £437million a year.**

**We will:**

- **Encourage all providers we contract with to improve carer awareness** and ‘think carer’, to support a carer friendly city
- **Develop a range of opportunities** in partnership with the Carers Hub and Food Partnership, to enable carers to access food related courses at the Community Kitchen
- **Ensure that carers receive a consistent offer of support across the region** by developing an agreement for supporting carers across Sussex and Surrey



**2,327 people were provided with carers support services in 2017/18**

**You Can:**

- **Get advice and support for unpaid carers in Brighton & Hove** at [www.carershub.co.uk](http://www.carershub.co.uk) or call **01273 9777000**  
(Monday to Friday, 9am-5pm)

- **Find information on** local carers groups, training, digital skills, employment support, counselling, respite, breaks, emergency care, reablement, carers assessments and the carers card

## Feedback and thank you

**We welcome feedback from our partners in the community & voluntary sector**



“The partnerships developed with voluntary & community organisations, other statutory providers and the private sector demonstrate the importance of collaboration. The need for ongoing development of those collaborations, and the resource to support them is especially important during the next stage of delivery.

“Ongoing development of digital resources and information is important but we are also encouraged by the intent to explore alternative options and truly understand how needs are changing and becoming more complex.

“The focus on preventative solutions is welcomed and examples where different strands are brought together, such as the delivery offer around food and carers, show how truly integrated offers can satisfy different key areas of work. We encourage more thinking around how delivery meets multiple agendas so that the impact of work is fully understood.”



“We monitor developments in adult social care services through our involvement in strategic boards and feedback from service users. This has made us aware of the pressures caused by reduced budgets, workforce shortages and the ageing population.

“Despite this challenging environment, the city has performed well in supporting people to stay healthy and independent. We welcome the increased focus on prevention and giving people access to community resources to help them live independently. Our own evaluation of the equipment and adaptations service showed that those with long term conditions and disabilities are being well served to live independently at home.

“With plans underway to better integrate health and social care services



## **Graham Bartlett Local Safeguarding Adult Board (SAB) Chair**

“The board has been working with partners in the city to make sure that local safeguarding arrangements are robust and that safeguarding practice is person centred and outcome-focused.

“The city has a population density seven times the average for the South East, deprivation is more acute here than in neighbouring counties, rates of homelessness are high, we have an ageing population and we have double the drug related deaths than the national average. Amidst these challenges, adult social care has continued to support adults with their care needs and help them lead happier, healthier lives.

“Going forward we will continue to seek assurance that people who need help are adequately supported. We will be particularly focused on how well the directorate works with people who find it hard to engage with safeguarding services and interventions.”

**Thank you to everyone involved in the development of this local account.**

**Find out more at [brighton-hove.gov.uk/social-care](http://brighton-hove.gov.uk/social-care)**