



Road Safety Training

for your child

An essential guide for parents
with children aged 7-8 years



**Brighton & Hove
City Council**

The Child Pedestrian Training

Your child is about to take part in the Child Pedestrian Training Scheme which is organised and run by Brighton & Hove City Council. The scheme is designed to raise children's observation and awareness skills while crossing the road with an adult. It also provides them with road safety skills in preparation for future independent travel to secondary school.

Completing this training does not mean that your child is able to go out on their own now. Children develop at different rates. Only you know when your child is ready to begin crossing roads on their own.

The training is held during school time, by the road on sites which have been fully risk assessed. Children are trained in a ratio of three children to one adult as a maximum. All trainers are fully police checked and are fully trained. All trainers and children wear a high visibility jacket.

Your child will take part in the training if you have signed the consent form which you should have received from your child's school. If you have not yet received a consent form please see your child's class teacher.

Your child will take part in five lessons. So that you know what they are learning and can reinforce the lessons at home, this booklet provides you with some activities that you can do with your child when you are out and about near the road.

Don't forget!

Your child copies everything you do so it is vital that you show them the safest way of dealing with roads. The best way to teach road safety is to practice in real life situations and to allow your child to start making decisions with you.








Lesson 1

Crossing at a safer place

During this lesson your child will learn about the road environment and how to find a safer place to cross the road.

Things you can do with your child when you go out by the road:





-  Explain the rules of the road. (Find a safe place to cross, stop, look, listen and think before you cross).
-  Let your child make decisions with you, so they learn to take responsibility for their safety.
-  Let your child plan safer routes to school and to the shops with you, tell them that the shortest route may not always be the safest one.
-  Remind your child to cross at a pedestrian crossing where possible.
-  If there is no crossing place, remind your child that it is safer to cross at a place where they can see clearly for a good distance from the pavement.

Did you know?

Many children have difficulty in judging how fast vehicles are going, or how far away they are.

The road environment


Give your child all the information they need to read the road, explain:


-  the different road signs, and road lines and what they mean.
-  the need to take care where there are bus lanes and cycle lanes which may be running in the opposite direction.
-  one way roads.
-  what the different vehicle lights tell us the vehicle is about to do.

**Think
before you
cross...**



Using pedestrian crossings

 Remind your child that they must check that all drivers and riders have stopped before they step into the road.

 If it is a signal controlled crossing, they must wait for the green man to appear no matter what other people do. Never start to cross if the green man is flashing or if the green man goes black or if the red man is showing.

 Always cross on the stripes of a zebra crossing or between the studs on a signal controlled crossing.

 At a traffic island, teach your child to treat each half of the road as a separate crossing.

Ask your child questions like:

Where is the best place to stand? Why?

When is it safe to cross?

What does the flashing green man mean?

Make sure
that all the traffic has
stopped before stepping
into the road.



Belt Up!

Children under the age of 12 or under 135cms in height must use the correct child seat for their size. Without the correct child seat, the seat belt will be too big for the child and the belt could strangle them or slip off them in a crash. It is the driver's responsibility to ensure that a child under 14 years of age is in the correct restraint.



Did you know?

A Pelican Crossing is a **pedestrian light controlled** crossing.

A Puffin Crossing is a **pedestrian user friendly intelligent** crossing.

And a Toucan Crossing is a crossing for **two** people, cyclists and pedestrians.



Look...

before you cross!

Lesson 2 & Lesson 3

Crossing by parked cars

This lesson teaches your child how to cross between parked cars when there is no safer place to cross.

Things you can do when you are out by the road with your child:



Before you cross the road, ask your child to decide if it is a dangerous or a safe place to cross:
(Can they see traffic coming clearly from all directions?)



If it is dangerous, ask your child to tell you why:
(Do parked cars, trees or posts block the view? Is there a bend in the road? Are they standing too near to a junction?)



If the road is full of parked cars and there is no safer place to cross, find a pair of parked cars that you can both fit between. Before stepping into the gap, ask your child to show you how they know if either of the parked cars could be about to move.



If you are sure that the cars are not going to move, ask your child to take you to the new "kerb" (the edge of the cars), so that you can clearly see the traffic coming from either direction.



Ask your child if they can remember where they should look and listen for vehicles on the road before they cross.



**Look
right**



**Look
left**



**Look
right
again**

Did you know?

Many collisions with children occur when they cross by parked vehicles because they do not stop and look properly at the edge of the vehicle.


Lesson 4 & Lesson 5


Crossing by Junctions


This lesson makes your child aware of the different types of junctions and the hazards at a junction and teaches them a safe way to cross.


Things you can do when you are out by the road with your child:

 Explain what a junction is and why some vehicles have to stop for others. Explain some junctions are busier than others and they may not be the safest place to cross the road.

 Ask your child to find a place at the junction where they can see clearly down all the roads.

 Ask your child to identify all the directions from which traffic could come, not forgetting the direction behind them.

 If they are unable to see clearly in all directions, ask your child to tell you what is blocking their view of the road.

 If it is a busy junction and/or they cannot see clearly in all directions, ask your child to move away from the junction and find a safer place where it is quieter and they can see the road clearly in all directions.

Did you know?

Across the country every day 29 children aged 7–10 are injured on our roads. About one child a week is killed.



Always remind your child to stand back away from the kerb when walking along the pavement or while waiting to cross the road or while waiting for a bus.

Be safe be seen
Always wear bright clothing day and night when near the road.
Fluorescent clothes are best for the day and reflective materials are best for night.

Information and statistics courtesy of 'Get across road safety, An essential guide for parents with children in the age zone 0-6 years and 7-10 years, Department for Transport 2007 and 2008'

For more information...

Contact the Child Pedestrian Training Scheme Co-ordinator

01273 292335

road.safety@brighton-hove.gov.uk

Or visit the website

www.brighton-hove.gov.uk/roadsafety

Translation? Tick this box and take to any council office.

ترجمة؟ ضع علامة في المربع وخذها إلى مكتب البلدية. Arabic

অনুবাদ? বক্সে টিক চিহ্ন দিয়ে কাউন্সিল অফিসে নিয়ে যান। Bengali

需要翻译? 请在这方格内加划, 并送回任何市议会的办事处。Cantonese

ترجمه؟ لطفاً این مربع را علامتگذاری نموده و آن را به هر یک از دفتر شهرداری ارائه نمایید. Farsi

Traduction? Veuillez cocher la case et apporter au council. French

需要翻译? 请在这方格内划勾, 并送回任何市议会的办事处。Mandarin

Tłumaczenie? Zaznacz to okienko i zwróć do któregośkolwiek biura samorządu lokalnego (council office). Polish

Tradução? Coloque um visto na quadrícula e leve a uma qualquer repartição de poder local (council office). Portuguese

Tercümesi için kareyi işaretleyiniz ve bir semt belediye bürosuna veriniz Turkish

other (please state)

This can also be made available in large print, Braille, or on CD or audio tape



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